STUDIES IN HEALTH AND SPORTS SCIENCE

Vol. 3 MARCH 2001

A Study of Student Stress Scores: A Self-Rating Assessment,
Mr. Masahiko Kimura 7 th Dan His Contribution at the Budo Tournament Held in the Presence of the Emperor Celebrating 2600 Years Haruhiko Yasukochi ··· 23
The Relationship Between Batting and Physical Fitness Factors in Baseball Players
Antihypertensive Effect of Short Chain Peptide 'Valyl-Tyrosine' Derived from Sardine Muscle Hydrolyzate on Mild Hypertensive Subjects Terukazu Kawasaki · Eiji Seki · Katsuhiro Osajima Toshiro Matsui · Yutaka Osajima ··· 37
Evaluation and Comments of the Lecture, "Health Science", by the Students of Kyushu Sangyo University
Self-management of Blood Pressure

Published by

CENTER FOR HEALTH AND SPORTS SCIENCE KYUSHU SANGYO UNIVERSITY, 2-3-1, Matsukadai, Higashi-ku, FUKUOKA, 813-8503, JAPAN